

# Au fil de l'eau

Balades et randos région d'Azay-le-Rideau - Rivarennnes



Couché de soleil sur le port de Bréhémont (David Darrault)



*Cette boucle cyclo vous emmène à la découverte de paysages et villages remarquables, au fil de l'eau. Mais c'est avant tout avec les papilles que vous débuterez votre balade. Rivarennnes est la capitale de la poire tapée. Cette spécialité culinaire savoureuse peut être dégustée sèche, cuisinée ou réhydratée dans du vin.*

*Poursuivez la balade à travers le vignoble puis redescendez vers la vallée de l'Indre qui arrose le territoire. Apercevez plus loin, l'ancienne confluence avec le Cher avant de terminer par le beau village ligérien de Bréhémont.*

## Useful information

Practice : Cycling

Duration : 1 h 30

Length : 16.6 km

Trek ascent : 142 m

Difficulty : Easy

Type : Loop

Themes : Fauna, Flora, Heritage and history, River and stream

# Trek

**Departure** : Rivarennnes

**Arrival** : Rivarennnes

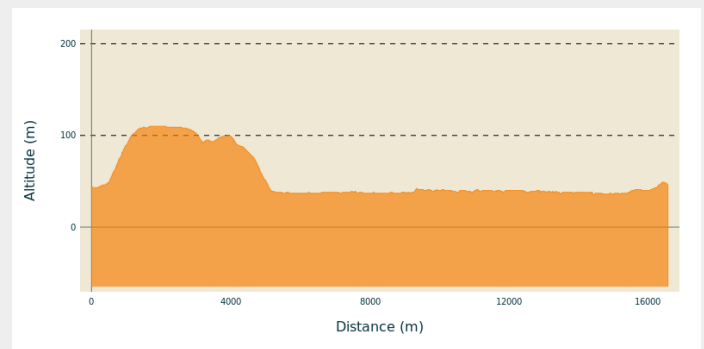
**Markings** :  Itinéraire cyclo

**Cities** : 1. Rivarennnes

2. Cheillé

3. Bréhémont

## Altimetric profile



Min elevation 35 m Max elevation 110 m

### 1. Rivarennnes, village de la Poire Tapée

Speciality of Rivarennnes, Poires Tapées are dried in the traditional manner in a wood oven. This ancient artisan product, which had disappeared by the 1930's, was revived by a local association in 1988. Today, a number of artisans are developing a production based on the traditional methods which is presented in the « Maison de la Poire Tapée » scenography.

### 2. L'indre et le vieux Cher

The Indre enters the Loire Valley at Bréhémont, dividing into a number of small branches. The Vieux Cher is an old branch of the Cher. The valley of the Vieux Cher is the ideal place for close observation of flora and fauna. You can also discover the « Bardeaux de l'Indre » natural area.

### 3. Bréhémont

This charming village offers a great view of the Loire and its islands. The variations in the flow of the longest river in France are a critical problem for the population living on its banks. A major nesting and migration site, the Loire is also very popular for boating activities. Bréhémont is the meeting point of the Loire à Vélo and Indre à Vélo routes. The hydrogen-powered bicycle can be hired here. Also note the metal work of art, which illustrates all the special features of Bréhémont.

### 4. Ancienne confluence du Cher

During the 18th century, it was decided that the Cher should be diverted by closing it off at Rupuanne in the commune of Bréhémont and by building a dam-overflow at Villandry. This is how this part of the Cher became the Vieux Cher.

# On your path...



# All useful information

 **At the water's edge**

 **Village à -2 km**

 **En plein air**

 **Rivière ou fleuve à moins de 300 m**

 **Vue sur fleuve ou rivière**

# Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

## Amont de L'Île Garaud

Sensitivity period: January, February, March, April, May, June, July

## Site Natura 2000 des basses vallées de la Vienne et de l'Indre

Sensitivity period: January, February, March, April, May, June, July, August, September, October, November, Decembre

The site was designated in 2005 under the Birds Directive. The Park has been coordinating the site since 2010 (initially for the period 2010-2016, then renewed for 2016-2019 and 2019-2022), in conjunction with the CPIE Touraine-Val de Loire and the Indre-et-Loire Chamber of Agriculture.

The low valleys are largely covered by natural flood meadows, which are mown and/or grazed. These meadows form large complexes that are home to rare and endangered birds: corncrake, red-backed shrike, meadowlark, spotted crane, etc.

Certain sectors are characterized by a dense bocage network, with pollarded trees surrounding the meadows (Véron bocage): this is the home of the Common Fritillary, Natterjack Toad, Great Capricorn...

Finally, the banks of the Vienne and Indre rivers are occupied by alluvial woodlands and poplar plantations.

## Information desks

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