

# Lavoirs tour

Balades et randos région de Brissac Loire-Aubance - Brissac Loire Aubance



*With your family or friends, on foot, by bike or on horseback (except for the variant), take a walk along the signposted hiking trail Circuit des Lavoirs de Saint-Rémy-la-Varenne, to discover the Loire landscape between the Loire and Aubance.*

Along the way, look out for the Prieuré de Saint-Rémy-la-Varenne and its church, the Moulin de Bourgdion, the menhirs and the wash-houses that dot the landscape. From the starting point on the Place de l'Église, follow the signposting for "La Boucle de la Loire" (yellow) to the signpost, in order to reach the starting point. the route.

## Useful information

Practice : Hiking

Duration : 4 h

Length : 15.6 km

Difficulty : Medium

Type : Loop

Themes : Heritage and history

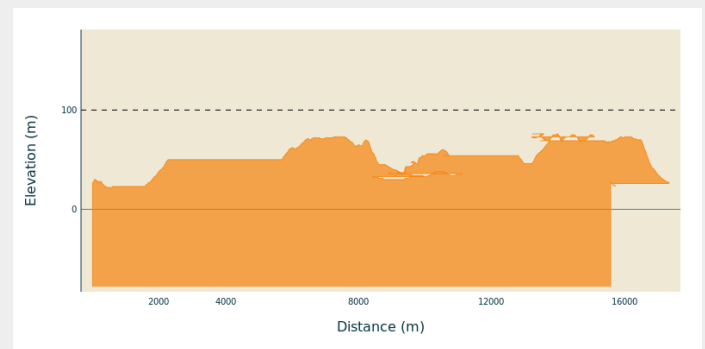
# Trek

**Departure** : The priory

**Arrival** : The priory

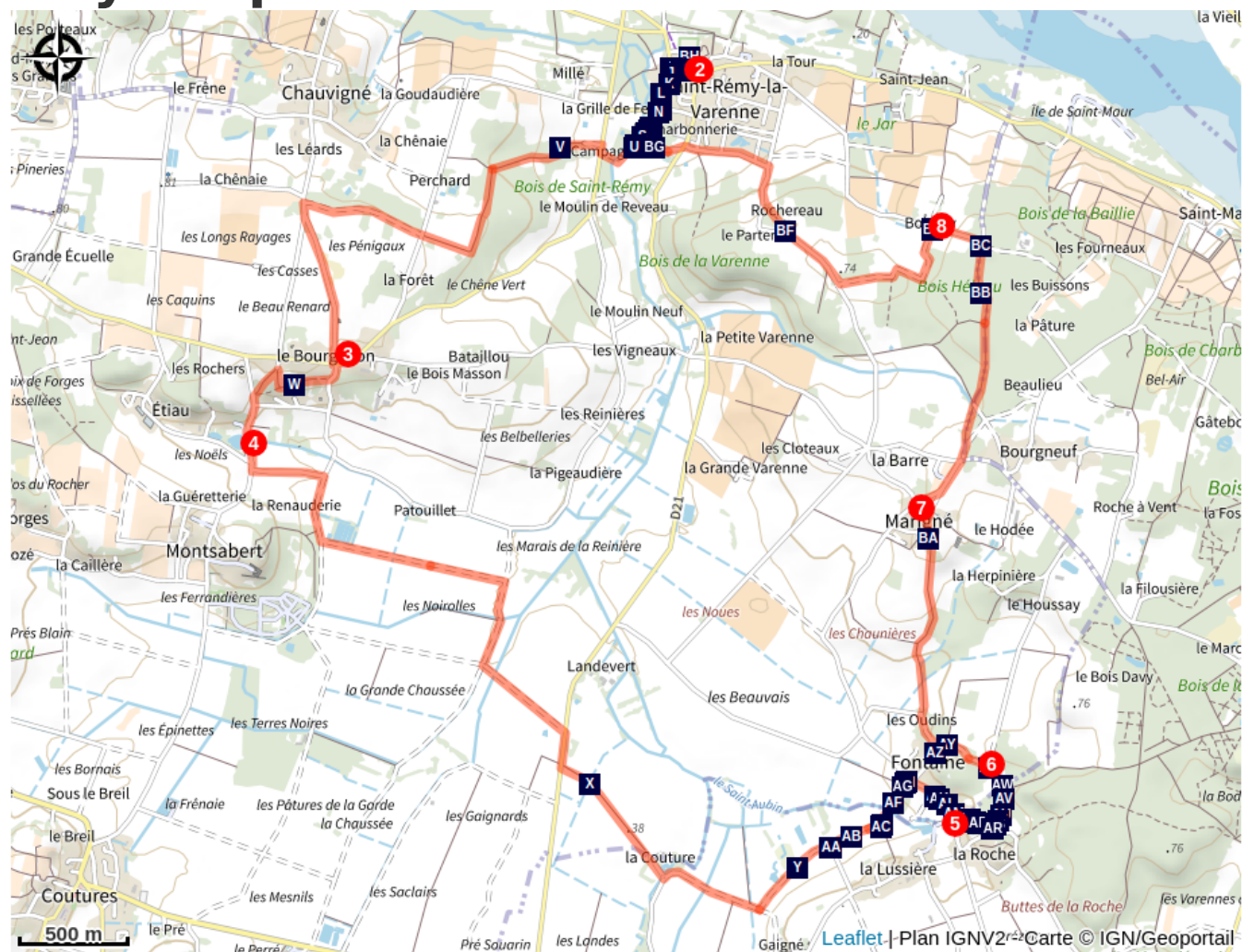
**Cities** : 1. Brissac Loire Aubance  
2. Gennes-Val-de-Loire

## Altimetric profile



1. Priory  
A listed historic monument founded in 929, the former Benedictine Priory was one of the richest in Anjou. It boasts a chapter house and a restored polychrome sculpted fireplace.
2. Church  
Its origins date back to the 11th century. It was the Priory chapel before becoming the parish church. It is part of the "Eglises Accueillantes en Anjou" network (leaflet available on site).
3. Moulin de Bourgdion  
(Private residence): built around 1840, it is listed in the supplementary inventory of Historic Monuments. This pivot mill is complete. The miller's dwelling is attached.
4. Beauregard wash-house  
Unusually U-shaped, with an arched basin, this washhouse was built in 1861. It is fed by a large spring.
5. Lavoir de Fontaine  
Situated not far from the source of the Saint-Aubin stream, this washhouse straddles 2 communes. Upstream, on the other side of the road, there was a drinking trough for animals. The high flow rate from the spring meant that the water in the washhouse was quickly purified.
6. La Bajoulière dolmen  
Surrounded by a chaos of sandstone rocks, this dolmen is the largest in Anjou after Bagneux, with a slab weighing around 70 tonnes, now split into 4 pieces. The site was used as a sandstone quarry to make paving stones and stone rollers.
7. Marigné wash-house  
It has two separate entrances. The fountain, which was once plentiful, was located within the enclosure and must have been used by the inhabitants.
8. Château de Boissay  
Dating from the 19th century, its name is of Gallic origin: Bois de Cé, meaning "piece of water". Its style is inspired by the 17th century.

# On your path...



# All useful information



**A la campagne**

# Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

## Site Natura 2000 de la Vallée de la Loire des Ponts-de-Cé à Montsoreau

Sensitivity period: January, February, March, April, May, June, July, August, September, October, November, Decembre

The Loire Valley offers a rich mosaic of landscapes, including a variety of natural environments such as flood meadows interspersed with bocage and "boires", sandy shores, limestone hillsides...

These varied environments are home to numerous rare or endangered plant and animal species, including migratory fish (salmon, etc.), aquatic mammals (European beaver, European otter), terrestrial mammals (bats) and invertebrates (Rosalie des Alpes, Gomphe serpentini...).

The Natura 2000 site is also an important area for migratory avifauna, with over 30 species of heritage birds such as Common Terns and Ospreys present and dependent on the site.

### Information desks

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