

Through valleys and plateaux - Sainte-Maure-de-Touraine



Balades et randos région de Richelieu/lle-Bouchard/Sainte Maure - Sainte-Maure-de-Touraine



Photographie du château de Sainte-Maure-de-Touraine

Home of the A.O.P. goat's cheese bearing its name, Sainte-Maure-de-Touraine is a gastronomic and tourist stopover. A predominantly rural area, the town is built amphitheatrically on a limestone promontory, which served as the material for the construction of the historic town.

The hillsides, the Manse valley and its plateaus offer a picturesque charm to the commune and a varied natural heritage.

There are numerous traces of human activity dating back to Neolithic, Gallo-Roman and Merovingian times, as well as more recent ones marked by the presence of several mills, vineyard lodges, washhouses, etc.

Useful information

Practice: Hiking

Duration: 3 h

Length: 10.8 km

Trek ascent: 115 m

Difficulty: Medium

Type: Loop

Trek

Departure: Les Passerelles **Arrival**: Les Passerelles

Cities: 1. Sainte-Maure-de-Touraine

Altimetric profile



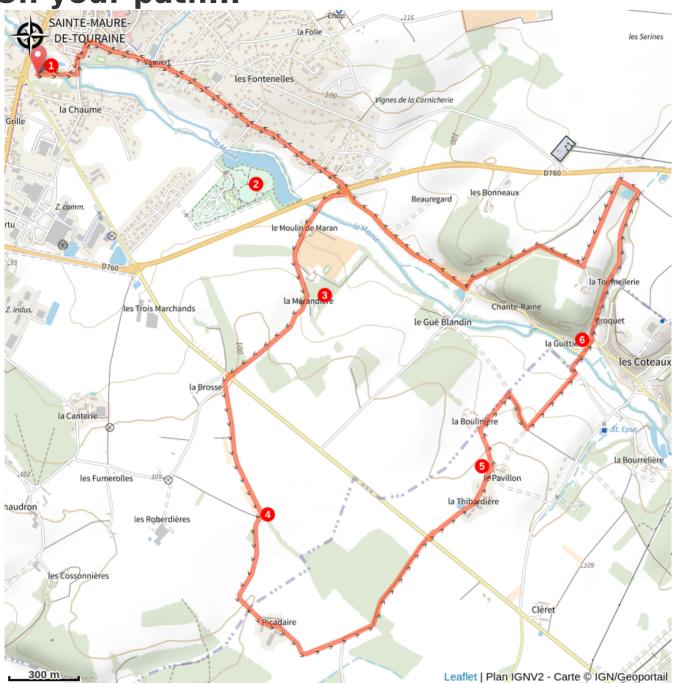
Min elevation 70 m Max elevation 110 m

1. Les Passerelles

The scenic area of the Passerelles site presents the riches of the region and the secrets of A.O.P. Sainte-Maure-de-Touraine cheese-making.

- 2. Robert Guignard leisure park
 Crossing part of the town leads to the banks of the Manse and to the Robert
 Guignard leisure park, which in recent years has become a biodiversity area
 (discovery trail).
- 3. La Mérandière Shortly after the fork in the road, on the right, the Moulin de Maran still has its old well. On the other side, through the vegetation, the beautiful 15th-century buildings of the former fiefdom of La Mérandière come into view.
- 4. Vineyard lodges
 Several vineyards dot the landscape, reminding us that before 1868 and the phylloxera epidemic, vines grew all around the town.
- 5. Along the path, you'll see a succession of farms, including the Thibardière with its large dovecote.
- 6. After the bridge over the Manse, the limestone outcrops and the path continues through the woods under a canopy of vegetation.

On your path...



All useful information

1 Information desks

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