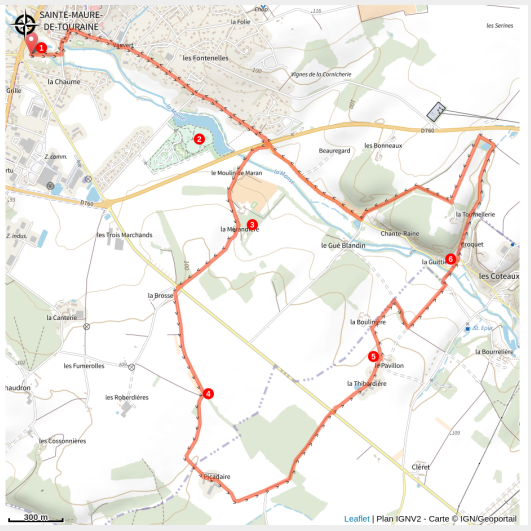
# Through valleys and plateaux - Sainte-Maure-de-Touraine

Balades et randos région de Richelieu/Ile-Bouchard/Sainte Maure

Photographie du château de Sainte-Maure-de-Touraine




Home of the A.O.P. goat's cheese bearing its name, Sainte-Maure-de-Touraine is a gastronomic and tourist stopover. A predominantly rural area, the town is built amphitheatrically on a limestone promontory, which served as the material for the construction of the historic town.

The hillsides, the Manse valley and its plateaus offer a picturesque charm to the commune and a varied natural heritage.

There are numerous traces of human activity dating back to Neolithic, Gallo-Roman and Merovingian times, as well

## Useful information

Practice : Hiking

Duration : 3 h

Length : 10.8 km

Trek ascent : 115 m

Difficulty : Medium

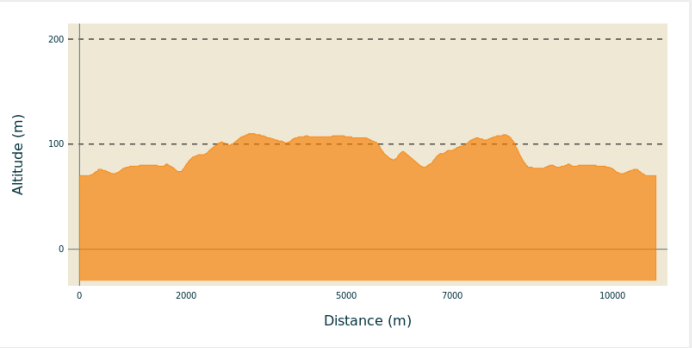
Type : Loop

as more recent ones marked by the presence of several mills, vineyard lodges, washhouses, etc.

# Trek

**Departure** : Les Passerelles
**Arrival** : Les Passerelles
**Cities** : 1. Sainte-Maure-de-Touraine

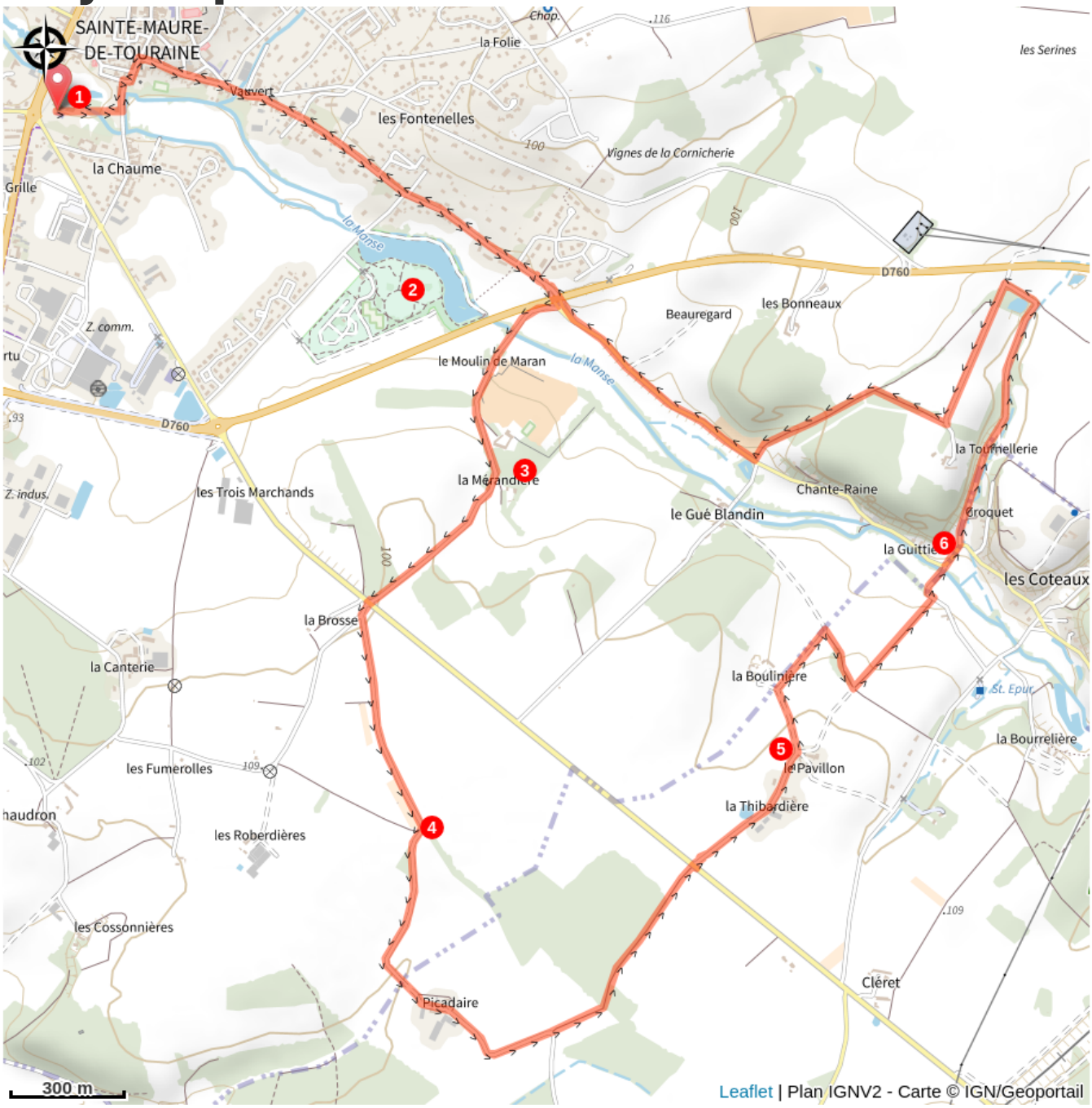
## Altimetric profile




Min elevation 70 m  Max elevation 110 m

1. Les Passerelles
   The scenic area of the Passerelles site presents the riches of the region and the secrets of A.O.P. Sainte-Maure-de-Touraine cheese-making.
2. Robert Guignard leisure park
   Crossing part of the town leads to the banks of the Manse and to the Robert Guignard leisure park, which in recent years has become a biodiversity area (discovery trail).
3. La Mérandière
   Shortly after the fork in the road, on the right, the Moulin de Maran still has its old well. On the other side, through the vegetation, the beautiful 15th-century buildings of the former fiefdom of La Mérandière come into view.
4. Vineyard lodges
   Several vineyards dot the landscape, reminding us that before 1868 and the phylloxera epidemic, vines grew all around the town.
5. Along the path, you'll see a succession of farms, including the Thibardière with its large dovecote.
6. After the bridge over the Manse, the limestone outcrops and the path continues through the woods under a canopy of vegetation.

# On your path...


SAINTE-MAURE-DE-TOURAINE
1
Vauvert
la Folie
les Fontenelles
la Chaume
Grille
Vignes de la Cornicherie
la Manse
2
D760
Beauregard
les Bonneaux
Z. comm.
le Moulin de Maran
la Manse
3
la Mérandière
les Trois Marchands
Z. indus.
Chante-Raine
la Tournellerie
le Gué Blandin
Croquet
6
les Coteaux
la Brosse
la Canterie
la Boulinière
St. Epur
la Bourrelière
5
le Pavillon
les Fumerolles
la Thibardière
les Roberdières
4
les Cossonnières
Picadaire
Cléret
300 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

# All useful information

## Information desks

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