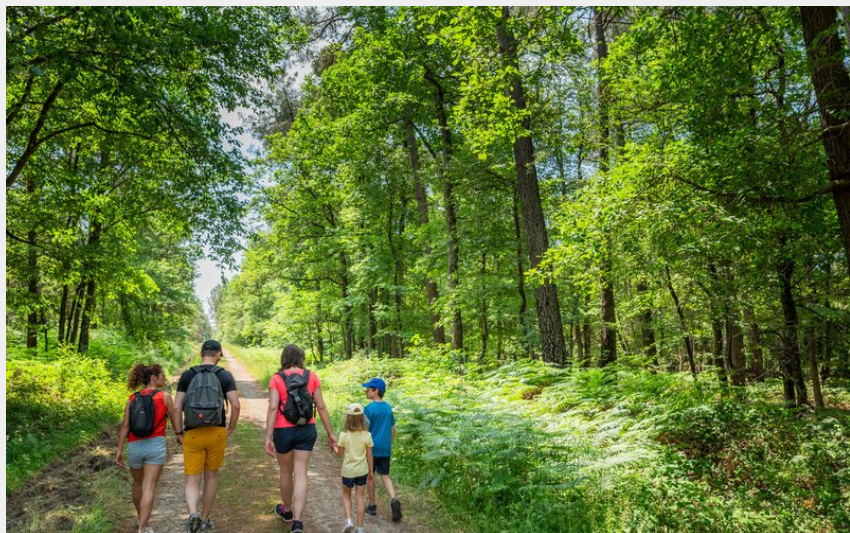


# Huismes walking trail - Route N°1

Balades et randos région de Chinon - Huismes



Photographie de personnes se promenant dans la forêt de Chinon (Jean-Christophe Coutand)



*The name Huismes is thought to come from the Gallic word Uxisama, meaning a very high village. In the 10th century, Huismes was called Oximensis Villa, then Oxima and Exmes in the 15th century. Huismes was occupied very early on, as evidenced by the prehistoric remains found at the Motte and Grands Champs sites, etc.*

*The Gallo-Roman and Merovingian eras also left their mark on Huismes. A Roman road, the Via Espicopalis, crossed Huismes from south to north.*

## Useful information

Practice : Hiking

Duration : 3 h

Length : 13.7 km

Trek ascent : 170 m

Difficulty : Easy

Type : Loop

Themes : Forest, Heritage and history

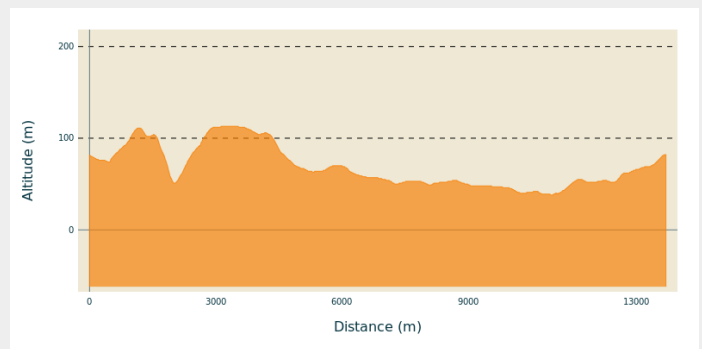
# Trek

**Departure** : Town hall square

**Arrival** : Town hall square

**Cities** : 1. Huismes

## Altimetric profile



Min elevation 38 m Max elevation 113 m

1. On the right is La Tourette, a former monastery dating from the late 15th century.  
Cross the D6 for an interesting view of the end of the plateau of the Chinon forest.
2. You will pass two manor houses: Cour Neuve and Moucheau.
3. You will pass the Château de la Villaumaire, built on Gallo-Roman foundations, mainly in the 15th century, with alterations and additions in the 17th and 19th centuries. Bookings are required to visit the chateau (privately owned).
4. Mont Sigout

# On your path...



# All useful information

# Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

## Site Natura 2000 des basses vallées de la Vienne et de l'Indre

Sensitivity period: January, February, March, April, May, June, July, August, September, October, November, Decembre

The site was designated in 2005 under the Birds Directive. The Park has been coordinating the site since 2010 (initially for the period 2010-2016, then renewed for 2016-2019 and 2019-2022), in conjunction with the CPIE Touraine-Val de Loire and the Indre-et-Loire Chamber of Agriculture.

The low valleys are largely covered by natural flood meadows, which are mown and/or grazed. These meadows form large complexes that are home to rare and endangered birds: corncrake, red-backed shrike, meadowlark, spotted crane, etc.

Certain sectors are characterized by a dense bocage network, with pollarded trees surrounding the meadows (Véron bocage): this is the home of the Common Fritillary, Natterjack Toad, Great Capricorn...

Finally, the banks of the Vienne and Indre rivers are occupied by alluvial woodlands and poplar plantations.

### Information desks

#### **OT Azay Chinon Val de Loire - Azay**

4 Rue du Château, 37190 Azay-le-Rideau

[tourisme@azay-chinon-valdeloire.com](mailto:tourisme@azay-chinon-valdeloire.com)

Tel : 02 47 45 44 40

<https://www.azay-chinon-valdeloire.com/>

#### **OT Azay Chinon Val de Loire - Chinon**

1 Rue Rabelais,, 37500 Chinon

[tourisme@azay-chinon-valdeloire.com](mailto:tourisme@azay-chinon-valdeloire.com)

Tel : 02 47 93 17 85

<https://www.azay-chinon-valdeloire.com/>